



## Bass, Hybrid Striped

### **description**

Hybrid striped bass are a cross between marine stripe bass and freshwater white bass resulting in a fish with desirable characteristics of both species. Striped bass is also known as stripers, wipers, sunshine bass, rockfish, and seabass. Wild striped bass are long and narrow and have straight uninterrupted stripes. Hybrids are smaller, rounder and have broken stripes.

### **other information**

Due to strict water quality control, farm-raised striped bass has consistently good flavor and is hardier, more resistant to disease, and produces a higher yield than its wild counterpart.

### **interesting fact**

Striped bass are born sterile, so they are bred artificially.

### **alternatives**

Branzini.

### **source**

Hybrids farm-raised striped bass are found around the country, but Frugé's prefers to buy within the great state of Texas.

### **harvest method**

Our hybrid striped bass are harvested in freshwater ponds. The cold chain is maintained from the pond to the plate.

### **harvest season**

Hybrid striped bass are available year-round with peak season from September to February.

### **flavor**

This species is mild, delicate, and slightly sweet.

### **texture**

The texture of striped bass is moist, firm, and flaky with a bright white flesh.

### **preparation**

Hybrid striped bass are best served whole or in fillet form, baked, steamed, grilled, sautéed, or poached.

### **quality control**

Hybrid striped bass should smell fresh and be firm to the touch. The eyes should be clear, and the gills should be red.

### **market segments**

Hybrid striped bass is appropriate for casual dining, fine dining, hotel, and resort/club.

### **nutritional facts**

3.5 oz (100g) raw edible portion

calories 115; calories from fat 24; total fat 2.6g; Saturated fat 0.7; cholesterol 65mg; carbohydrates 1.7; protein 21g; Omega-3 10.4mg.



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